

# YOUR WEEKLY ACTIVITIES

April 22 - 28, 2024



## PURIA ACTIVITIES

\* = Meeting point at Spa reception | Registration one day prior (until 7 pm) | free of charge



## KLEINWALSERTAL ACTIVITIES

\* = Registration minimum one day prior at the front desk or at Walserhaus | partly chargeable



## IFEN HOTEL ACTIVITIES

\* = Registration minimum one day prior at the front desk | free of charge

MONDAY 04/22/2024	TUESDAY 04/23/2024	WEDNESDAY 04/24/2024	THURSDAY 04/25/2024	FRIDAY 04/26/2024	SATURDAY 04/27/2024	SUNDAY 04/28/2024
7.30 - 11 am IFEN Breakfast	7.30 - 11 am IFEN Breakfast	7.30 - 11 am IFEN Breakfast	7.30 - 11 am IFEN Breakfast	7.30 - 11 am IFEN Breakfast	7.30 - 11 am IFEN Breakfast	7.30 - 11 am IFEN Breakfast
10 am - 2.30 pm Horse-drawn carriage ride* from Ferienhof Hammerer in Hirscheegg-Au price: € 25 / pers.	10 am - 2.30 pm Horse-drawn carriage ride* from Ferienhof Hammerer in Hirscheegg-Au price: € 25 / pers.					
2 - 4 pm Snack / Jause	2 - 4 pm Snack / Jause	2 - 4 pm Snack / Jause	2 - 4 pm Snack / Jause	2 - 4 pm Snack / Jause	2 - 4 pm Snack / Jause	2 - 4 pm Snack / Jause
2 - 3.30 pm Guided tour Heini Klopfer ski jump, Oberstdorf* Meeting point: Jump run-out			2 - 3.30 pm Guided tour Heini Klopfer ski jump, Oberstdorf* Meeting point: Jump run-out			
	5 pm Steam peeling at the steam bath				5 pm Steam peeling at the steam bath	
					5 - 6 pm Yoga* with Veronika at PURIA gym	
6.30 - 9 pm Dinner	6.30 - 9 pm Dinner	6.30 - 9 pm Dinner	6.30 - 9 pm Dinner	6.30 - 9 pm Dinner	6.30 - 9 pm Dinner	6.30 - 9 pm Dinner
				in the evening Live music at the Alpenlounge	in the evening Live music at the Alpenlounge	