



PURIA

Premium Spa

Travel Charme Ifen Hotel
Prices and Packages 2011

The elements in the Travel Charme Ifen Hotel

The PURIA concept at Travel Charme is exactly as it sounds:

pure, clear, transparent, authentic. Everything revolves around the four pillars of beauty, exercise, relaxation and nutrition.

In the 5-star Travel Charme Ifen Hotel, nature adds further positive elements: mountains, spring water, wood, mountain air and alpine herbs. These calm the senses, stimulate energy and vitality and restore the balance of the human spirit, creating deep relaxation,

renewed contentedness and a harmonious work-life balance. In our PURIA Premium Spa – as an exciting blend of contemporary applications and elemental Alpine forces-, traditional recipes of the Walsertal people blend with the latest spa and wellness trends. Cocooning aspects are given as much consideration as design requirements, treatments for men belong as much to our daily practice as special treatments exclusively for her.



The feel-good concept

Our PURIA programme takes place on 2,300 sqm at an elevation of 1,100 m above sea level: it is the landscape which sets both tone and rhythm. The positive effect of mountain air on blood pressure, oxygen transport and sleep is medically proven. In harmonious interaction with up-to-date spa and wellness concepts, this creates a "super" sensory experience.

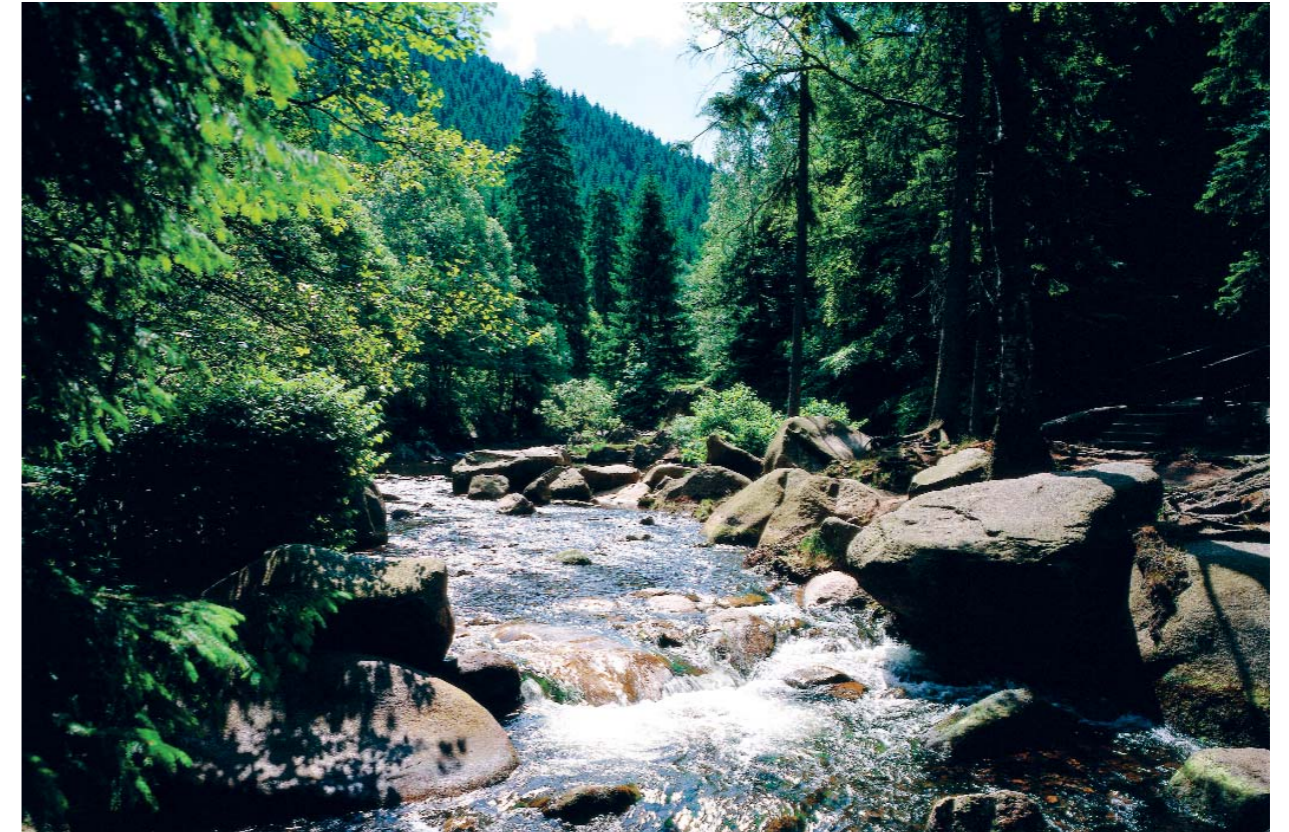
- See the breathtaking panoramic views of the Alps.
- Listen to the idyllic silence.
- Sense the brilliant shades of blue.
- Smell intensive mountain herbs.
- Feel the beneficial touch.
- Breathe the healthy mountain air.
- Warm up with flavoursome teas.
- Be happy with your daily freedom of choice.

Your visit to our water and sauna world and to the relaxation and fitness areas is included in your room rate.

This leaves you free of all concerns other than doing what you fancy. As wind and weather in our region also do what they want, you will be spoilt on sunny or rainy days.

Products: Homage to Nature

We are very critical and selective in our choice of products. Our range mainly includes manufacturers with a proven record of a high level of environmental compatibility, ingredients from ecologically safe sources as well as recyclable packaging. Animal experiments are taboo. In addition, we prefer products with ingredients from the Alpine region. Some people call this "ecological governance". Others claim that there is no better pillow than a clean conscience.



Alpienne – The power of the Alps

The inspiration behind Alpienne: the rich heritage of Austrian folk medicine and the long tradition of using plants for healing. With passion, the purest natural products are hand-made, all combining properties that provide the human body with the optimum in care, beauty, vitality and well-being.
www.alpienne.at

Baborganic

Harnessing the unspoilt nature and purity of the Alps is the inspirational idea behind baborganic. Unpolluted glacial water, organically produced edelweiss and cuckooflower oil make you glow with natural beauty. Pure active ingredients convince with their sustained effect, accelerate regeneration such as cell renewal and provide your skin with moisture, vitality and protection. Baborganic is a new dimension in natural skin care.
www.baborganic.de

Feuerstein Essentials

Gentle care with selected Swiss mountain herbs. Your skin is nourished with natural ingredients and enveloped in a delicate scent. All mountain herbs and extracts used are produced on controlled organic farms in the Swiss mountains. The guiding

motto: Nature is the best teacher. Exclusive products with quality ingredients provide top-level pampering of your skin.
www.feuerstein-essentials.ch

PURIA manufactory: Native herbs

Working closely with Lydia Fritz-Ilg, also known as the Herb Woman of the Kleinwalsertal, we develop high-quality products from unadulterated Walsertal mountain herbs in our PURIA manufactory. Hydrolates, as these essences are known, are the culmination of many treatments and applications. For example, massage oils are prepared and refined with herbs from this valley: cowslip, sloe, St. John's wort. Hand-made incense balls, hay-meadow scented bath bags, exclusive bath salt blends and hand-made soaps are not only used in the PURIA spa, but can also be bought at the manufactory as a souvenir or a gift for those who had to stay behind; the same also applies to high-quality Signature Treatments and our wide range of flavoursome tea blends. All of these contain the best that our beautiful native land has to offer: mountain herbs, carefully picked and lovingly processed.

Be happy.

Beauty is in the eye of the beholder. And first and foremost that means you. If you feel comfortable in your own skin, you will radiate this feeling to others. For your specific skin care, we have selected top quality skin-care treatments especially for you. And we call on outstanding natural environment to bring colour to your cheeks.

Facial treatments: Your most beautiful aspects.

In order to have a positive effect on skin functions, to tackle skin problems and to achieve visible change based on the latest findings of research into skin ageing. No more. But more importantly: no less than that.

Each facial treatment includes skin analysis, cleansing, exfoliation, mask and finishing treatment. Our PURIA team provides you with comprehensive advice, including the selection of care products.

Short & sweet approx. 50 min € 68,00

Smile please: This treatment restores your skin's natural balance. For a fresh radiant complexion.

Exclusive approx. 80 min € 98,00

Feeling like royalty: intensive skin care with facial massage, eye care, eyebrow shaping and active ingredient concentrate for optimum moisturization. Makes your skin look relaxed and firm.

Pure nature approx. 80 min € 113,00

Feel-good at the highest level: eye care, eyebrow shaping, facial massage, rich active ingredient concentrate. For skin that is strong, supple and soft.

Red carpet approx. 80 min € 123,00

Pamper yourself: luxury treatment with eye care, eyebrow shaping, neck and facial massage, plaster mask, rich active ingredient concentrate - anti-ageing treatment with an in-depth effect. For firmer skin and noticeably fewer wrinkles.

Facial treatments: Just for men.

Men's skin also needs protection: from stress and environmental influences and after the strain of shaving.

Economy approx. 40 min € 56,00

A freshness kick: cleansing, facial massage, finishing treatment. The look of pure energy.

Business approx. 50 min € 68,00

Actively passive: soothing facial treatment for skin stressed by shaving. Active care – passive pleasure.

First Class approx. 80 min € 98,00

Anti-ageing: intensive facial treatment with eye care, face and neck massage, active ingredient concentrate.



Body treatments: from top to toe.

To stimulate the flow of energy and the metabolism.

Rush of energy approx. 50 min € 72,00

Warming, invigorating body treatment with head and hand massage. At the start, you are given a warm herbal pillow to relax your neck muscles. This is followed by body scrub treatment with mountain blossom honey and crystal salt; your skin is then pampered with rich Propolis body lotion. The finishing touch is a relaxing hand and head massage for you to enjoy.

Metabolic boost approx. 50 min. € 72,00

Cooling invigorating body treatment with foot massage: the first step is a Walser herbal hydrolate to clear your mind. After that, we wrap you in a body pack with cooling Alpine herbs (rosemary, mint ...). While the pack takes effect, we pamper you with a gentle stimulating foot massage.



Soft pack: Body care on a waterbed.

The path to perfection: Unburdening the body, relaxing the muscles. Float in the waterbed and relax at the perfect temperature for well-being. This prepares the skin for the precious care products to follow:

Sumptuous approx. 25 min € 33,00

Evening primrose oil cream pack

Fresh approx. 25 min € 36,00

Goat butter cream pack

Scented approx. 25 min € 33,00

Mountain pine pack

Natural approx. 25 min € 33,00

Mountain herb pack from the Austrian Alps

Ifen tip approx. 40 min € 53,00

Exfoliation prior to the pack prepares your skin even better for the active ingredients.

Scrubs: shedding the past.

Removing tiny skin scales? Firming your skin? This is the way:

Full power approx. 45 min € 45,00

PURIA Energy scrub

From our region approx. 25 min € 36,00

Alpine salt and mountain herb scrub

Take that approx. 25 min € 36,00

Honey & crystal salt scrub

As gentle as you like approx. 25 min € 36,00

Lather scrub

As you wish approx. 40 min € 53,00

scrub & packs à la carte
(Choose from the scrubs and packs listed above)



Decorative cosmetics: Your best aspects.

Everything correct, everything perfect:

Make-up consultation and application approx. 50 min € 60,00

Day/ Evening make-up approx. 25 min € 30,00 each

Colouring eye lashes/ eyebrows € 12,00 each

Eyebrow shaping € 10,00

Epilation: beautiful smooth skin.

Makes your skin silky-smooth – for a long long time.

Leg waxing to the knee approx. 15 min € 20,00

Bikini zone or armpit waxing approx. 15 min € 15,00

Complete leg waxing approx. 25 min € 35,00

Manicure/ Pedicure: care for hands and feet.

Ready for action or domesticated? Or simply down-to-earth:

Manicure, small approx. 40 min € 43,00

Feel-good manicure with hand pack approx. 50 min € 65,00

Pedicure (cosmetic foot care) approx. 50 min € 65,00

Feel-good pedicure with foot pack approx. 50 min € 68,00

Nail varnish approx. 15 min € 15,00

RELAXATION

Feeling light.

Skilled hands ensure that tension and stress dissolve into nothing: our therapists are highly qualified and extremely well trained – their assistants, by contrast, are all in harmony with nature: hot stones, warm oils, Walser herbs. After the massage is before the bath – or vice versa. Alone, for two, for pampering or for beautification.

Our massage: your tender loving care.

Massages are seen amongst the oldest forms of remedies known to man. As early as 2,600 BC, Asians achieved astonishing results with some well-aimed strokes. Having fallen into oblivion, it was Paracelsus who in the Middle Ages restored massages as a topic of medicine. By now, what is on offer goes far beyond traditional stretching, squeezing and extending, increasingly turning into an experience that addresses all of the senses. Allow yourself the luxury of being massaged by skilled hands.

Traditional massage

Scented approx. 50 min € 71,00

Full body massage with a hydrolate by the Walser Herb Woman and refined oil from the surrounding region

Traditional approx. 50 min € 68,00

Full body massage

Warming approx. 50 min € 68,00

Intensive neck and back massage with heat treatment (mud or hot stone)

In stages approx. 25 min € 36,00

Partial body massage with a hydrolate by the Walser Herb Woman and refined oil from the surrounding region

Stimulating approx. 25 / 50 min € 36,00 / 68,00

Foot reflexology massage

Through the soles of your feet it is possible to stimulate internal organs. By applying pressure to certain nerve points on the feet, reflexology massage resolves specific blockages and boosts the immune system.

Energetic approx. 50 min € 72,00

PURIA Energy massage

The way to ease tensions and boost energy levels:

1. Start off with a warm foot bath
2. PURIA massage with aromatic oil to set the mood
3. Face and head massage to release the tension
4. Eye pads soaked in rose water to rest
5. Warm herbal pillow and PURIA tea to round off
6. Cosy socks to take away
7. Embrace the world! Do it again.

Foam born approx. 50 min € 68,00

Massage with mountain herb soap

Makes your skin feel silly-soft, well nourished and deeply clean: from head to toe enveloped in the caring lather of mountain herb soap. Follow this foamy indulgence with a shower and feel like born anew - then have a full body feel-good massage.

Traditional approx. 80 min € 98,00

Walser stone massage

Releases physical tension and activates the body's own healing forces: the interaction between warm and cool stones of traditional Walser healing is reinterpreted and combined with an energy massage. The secret is in the interactions: heat, complementary massage sequences along the energy centres, the scent of Swiss stone pine and wild thyme together ensure deep relaxation.

Take it easy approx. 80 min € 98,00

Full body massage with warm oil

Gives radiance and gentle energy: having warm oil poured on every inch of your skin, then massaging it in tenderly by gentle hands, treating energy zones and points with lightness and dedication awakens in you this indescribable feeling of harmony and inner peace.



RELAXATION

Special massages

Stamped and oiled approx. 50 min € 72,00

Full body massage with herbal stamp

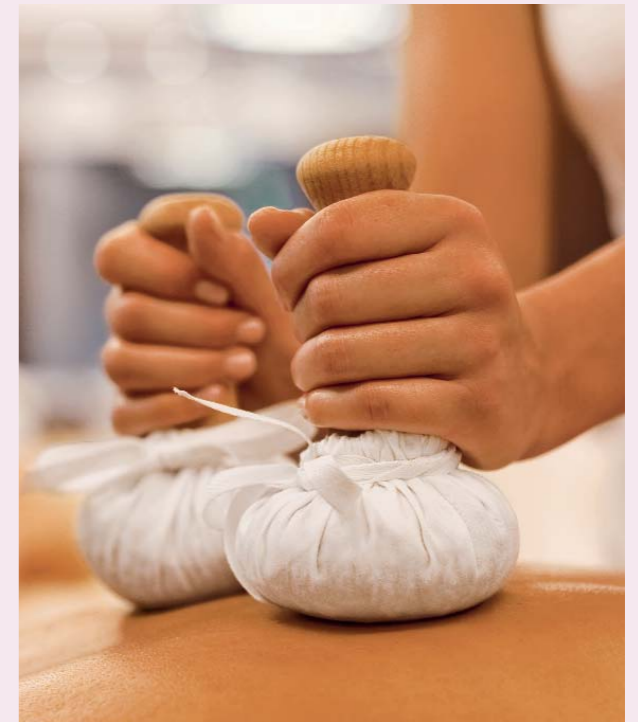
Optimum care and regeneration for your skin: the hand-made herbal stamps are warmed up slightly, then combined with aromatic oils and essences; the ensuing massage eases tensions, activates cells and stimulates energy fields.

Four-handed approx. 50 min € 136,00

Synchronous massage

The way to deep relaxation and restoration of inner balance: a four-handed synchronous massage is truly something special. Once freshly warmed oil is slowly and gently poured on the body, two PURIA members work together to distribute the oil across the whole body in long strokes.

This synchronous stretching and kneading makes you forget your surroundings and take a trip to paradise. The treatment ends with a four-handed massage of the energy points on head and body. Stress, what is that?



Our feel-good baths: Your element.

Immerse yourself and resurface as a new person! Our PURIA Spa provides everything you need – needless to say.



A bath in a cornfield approx. 25 min € 29,00

Hayflower bath with herbal brew

From Cleopatra with love approx. 40 min € 46,00

Goats' milk bath in an exclusive ambience, with candle light and a glass of sparkling wine. Relaxation period: on our chaise longue with a Swiss pine pillow While you enjoy all-round pampering, your face is beautified with a mask specifically suited to your skin type.

On the same wavelengths (for 2 people) approx. 40 min € 69,00

Rose petal bath for two in the Private Suite. Luxurious tub for two, candle light, music. Accompanied by a glass of Prosecco. Afterwards: comfortable herbal cushions. Plus: relaxing garden views.

Our application in the healing earth bath: your Rasul.

To purify your skin and improve its circulation. To stimulate your metabolism. To support the detoxification process. To provide you: with the experience a bathing ritual in a steam bath with an intensive aroma of herbs. You apply caring and healing mud with different ingredients and only focus on one thing: pure relaxation.

Care ritual approx. 30 min € 35,00
with healing mud

Salt rub approx. 30 min € 33,00
with caring oils

Care to the power of two (for 2 people) approx. 30 min € 71,00
Partner ritual with healing mud

Mud slinging (for 1 adult and 1 child) approx. 30 min € 62,00
Mummy or Daddy with child



The PURIA Peaks

Our select highlights meet the latest trends, but they are far more The effect of the "PURIA Peaks" are based on solid science. Floating for example is based on research by US neuropsychologists. Multisensory experiences, states of deep relaxation or a new experience of individuality have the same meaning: the stress of everyday life disappear into the distance, the enjoyment of life grows. The effect of our "peak" experience continues long after your stay.

Salt-water sound space: Complete weightlessness.

A truly special highlight is the salt-water sound bath. A pool of about 4 m and filled with enriched salt water is home to the lightness of being. The water contains a concentrated solution of Alpine salts, which lets you immerse yourself in weightlessness. You lose track of time and space and float in an alternating bath of light and colour. For that reason, this secret of relaxation is far more than a mere promise.

With underwater balancing, you take a step further towards deep relaxation. To the calming strains of the underwater music, you will be in safe hands, while the spa therapist stretches your body with soothing, flowing movements.

The medical effect: The salt-water sound space stimulates energy supply on a cellular level. In addition, balancing loosens muscles and dissolves blockages.

The aesthetic effect: The outer skin layer is cleared, the blood supply to tissue is improved, skin receives gentle care.

The mental-emotional effect: In addition to the lasting recuperation as the result of deep relaxation, balancing makes tension, inner restlessness and stress sink into the water and new strengths emerge.

Float away	approx. 25 min	€ 33,00
Floating in the salt-water sound bath		
Lift off (for 2 people)	approx. 25 min	€ 60,00
Floating for two in the salt-water sound pool		
Active fun (for 1 adult and 1 child)	approx. 25 min	€ 50,00
Mummy or Daddy with child		
Safe hands	approx. 45 min	€ 68,00
Water balancing – Underwater massage		



Alpha Lounger: deep relaxation in 7D.

The Alpha Lounger is a multisensory experience. This "holistic space bubble" contains an interplay of colour, shape, sound, light, warmth, breath and vibration, creating a state of ultra-deep relaxation. All senses are activated. Specifically composed sound structures, monochrome blue and stimulating vibrations convey a feeling of detachment and of being safe and secure.

The medical effect: Vegetative relaxation is enhanced, breathing harmonized, muscle tension dissolved, stress relieved and skin circulation gently stimulated.

The mental effect: Heightened perception and a positive flow experience. Analytical thinking takes a back seat.

The psychological-emotional effect: You feel as light as a feather, free, re-energized, full of creative imagination.

To cloud cuckoo land	approx. 25 min	€ 20,00
The Alpha Lounger as an experience of light, colour, sound and vibration		

Ifen tip: Repeat visits increase the effect of weightless comfort and security.



Suite Time: Totally private.

Hedonism with a good conscience: because individual needs often get a raw deal in daily life, we offer you exclusive retreats. The Private Suite and the VIP Suite in the 5-star Ifen Hotel are a personal luxury.

Private Suite for two people

Equipment: 2 spa loungers, private sauna, bed for two, steam shower, can be combined with double bath tub and rest area.

Parallel turn **€ 126,00 p.p.**

- Full-body scrub in preparation of the private sauna experience
- Steam bath or sauna session
- Joint relaxation
- Drink of your choice and fresh fruit and vegetable crudités
- Joint full body massage as the grand finale
- PURIA ritual: Warm neck pillow and tea to round off

Ifen tip: Allow yourself at least 2 hours to enjoy this treatment.

Bye-bye to daily woes **€ 124,00 p.p.**

- Alpine herb bath (pine needle or forest scent or herbal brew with meadow flowers)
- Relaxing massage with cowslip oil from our PURIA manufactory (approx. 50 min)
- Guided sauna session followed by relaxation period
- Cheese board, grapes and a drink of your choice

Ifen tip: Allow yourself at least 2.5 hours to enjoy this treatment.

A bed of roses **€ 156,00 p.p.**

- A romantic candle-lit rose petal bath followed by rest period
- Rose-petal/ salt exfoliation with flower scented pack
- A feel-good massage (approx. 50 min)
- Chocolates, fruit skewer and 1 glass of sparkling wine served in the four-poster bed

Ifen tip: Allow yourself at least 2.5 hours to enjoy this treatment.

PURIA Energy for Two **€ 117,00 p.p.**

- Relaxing foot massage (approx. 25 min) with a stimulating and refreshing Walser hydrolate
- Sports massage with herbal oil (approx. 50 min)
- Deep relaxation on the Alpha Lounger (approx. 25 min)
- Muesli and freshly squeezed fruit cocktail

Ifen tip: Allow yourself at least 1.5 hours to enjoy this treatment.

Purity law **€ 133,00 p.p.**

Brewing beer has a long tradition in the Walser valley, governed since the 16th century by the purity law issued by Duke Wilhelm IV; modern men strengthen their nerves in a hop bath and use barley exfoliation to treat stressed skin.

In detail:

- Full body barley exfoliation
- Hop and oil bath including beer-pomace brandy or a fresh wheat beer
- Traditional full body massage
- PURIA ritual: Warm neck pillow and espresso to round off

Ifen tip: Allow yourself at least 2 hours to enjoy this treatment.



EXERCISE

Letting go.

Permit natural movement. Mountains, trails and sunshine relocate cardiovascular training to the open air and increase the relaxation effect with breathtaking panoramic views and healthy mountain air. If so desired, it continues inside with courses, equipment and aqua aerobics.

PURIA Fitness World: Energy and exercise.

Energy is a physical unit which can accelerate or shape a body. Newton's law of motion is concerned with getting a body to move. But don't worry: we do not measure energy in SI units, but as a ratio of feeling good to perfect result and a lot of fun.

Cardio and weights room: The latest Technogym equipment is ready for you on 82 sqm:

- Treadmill and crosstrainer
- Recliner bike, exercise bike
- Vario crosstrainer, chest press machine, upper back and vertical traction machines
- Shoulder press, leg bender, leg stretcher, cable crossover and abs crunch and back extension benches
- Two spinning exercise bikes on the outside terrace – mountain air boosts the training effect



PURIA courses: Fit & active.

Sport is much more fun in a group: our programme caters for all ages, preferences and fitness levels. Back problems are dealt with and problem zones tackled. Stretching, extending, bending and flexing – aaaand breathe out.

Free of charge! Our offers.

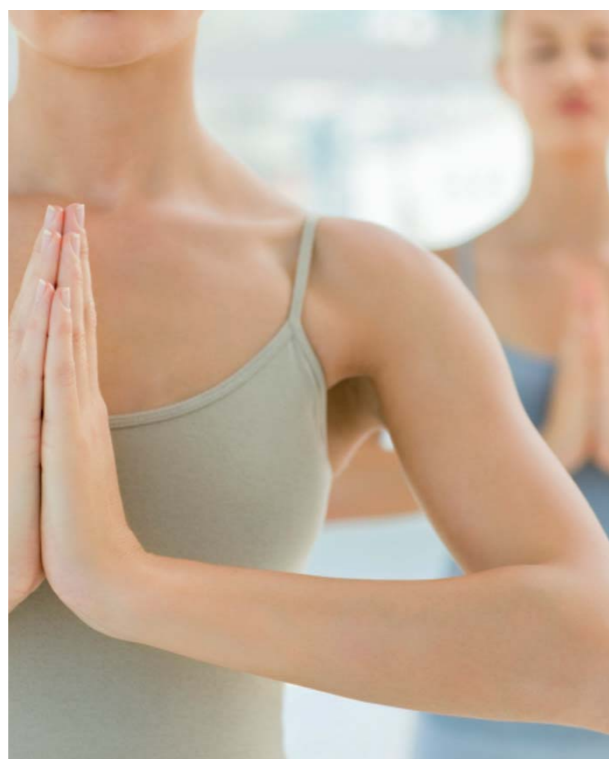
- Pilates
- Aqua fitness
- Yoga
- Back fitness
- Tummy / legs / bottom
- Stretch & relax

Personal Training

More strength, more flexibility, more lightness. Start on holidays – carry on in everyday life. Small movements with a great effect.

- Individual training adjusted to your requirements
- Nutritional advice for every life situation
- Tips for the long-term maintenance of your health (back mobilization, strengthening and stretching)
- Relaxation exercises for a stress-free life

Price: 60 min € 78,00
90 min € 96,00



EXERCISE

PURIA Outdoor

The countryside here is so beautiful that even couch potatoes are tempted to venture into nature! Flowering mountain meadows delight summer walkers, winter fans relish the cross-country skiing trails, and in spring and autumn, too, the Kleinwalsertal offers a wide choice of activities, for everyone. Mountain biking, skate boarding, free-riding are for the adventurous. Guided walks provide exercise for the whole family.

Summer offers

- Guided walk as per weekly programme free of charge
- Mountain bike ½ day € 20,00 1 day € 26,00
- Electro bike ½ day € 22,00 1 day € 30,00
- Excursion with a mountain guide approx. 4 hours from € 47,00 p.p. (minimum group size: 3)

Winter offers

- Skiing private tuition 4 hours € 179,00
- Skiing group tuition 4 hours € 48,00 p.p. (minimum group size: 5)
- Cross-country skiing group tuition 2 hours € 29,00 p.p. (minimum group size: 5)
- Snowboarding group tuition 4 hoursn € 48,00 p.p. (minimum group size: 5)
- Snowshoe hike ½ day € 37,00 p.p. (minimum group size of 4, equipment included)
- Snowshoe hike 1 day € 49,00 p.p. (minimum group size of 4, equipment included)
- Ski touring 4 hours € 71,00 p.p. (minimum group size of 3, equipment included)
- Free riding 4 hours € 71,00 p.p. (minimum group size of 3, equipment included)

All facts and figures for our courses as well as all indoor and outdoor activities are included in our PURIA course schedule which always takes into account current wind and weather conditions.



Feasting in style.

All our food is fresh in season and mainly sourced from sustainable farming. For example, all of the items on the PURIA Bistro are largely unadulterated, light and healthy. In addition to fresh juices, a selection of teas, crisp salads and seasonal fruit, there are small snacks prepared based in accordance with the GreenGusto® concept. Never run dry in the Spa: water and tea are always included in the price.



GreenGusto®: Naturally greater enjoyment

All of our dishes are prepared in accordance with the GreenGusto® concept for enjoyment. This includes our 7-point quality promise. It is your guarantee that our dishes mainly represent the best of local foods, seasonally selected and not only absolutely fresh, but also most deliciously prepared.

Our 7-point quality promise

- ✔ **Quality:** top quality, fresh seasonal foods without artificial flavouring and flavour enhancers
- ✕ **Regionality:** a wide range of regional products from a network of local top quality suppliers
- ✔ **Certified organic and ecological products:** dairy products from certified organic producers, overall a high percentage of organic products as well as organically produced wines.
- ♻️ **Sustainability:** preference for food from sustainable and environmentally friendly production with short transport distances
- 📄 **Transparency:** constant quality monitoring and reliable information about products and producers, also for allergy sufferers
- ✦ **Refinement:** cooking of the highest standard for regional and Mediterranean cuisine
- 🍴 **Individuality:** daily changing menu of specialities produced in-house



Packages: All in one.

If your time is too precious to spend on searching and selecting, we have done the work for your time and assembled from the wealth of choice a selection of packages with matching spa applications. Select a topic, make your booking and enjoy the anticipation! For example our rituals which provide the framework for all PURIA applications and which are worth experiencing. The prelude: an extensive consultation plus wonderfully warmed towels. The finale: warm herbal pillow and a cup of PURIA tea.

By the way: Our packages offer an attractive price advantage compared with individually booking the respective services.

Our offers for you

Cinema for the souls € 98,00

Curtains up for a relaxation programme with multi-surround effect and a lingering echo:

- A partial body massage or a head and neck massage (25 min)
- Ritual in the healing earth bath with herbal steam (45 min)
- Blue hour on the Alpha Lounger (25 min)
- PURIA ritual: warm herbal pillow and tea to round off

Our relaxation programme for men € 166,00

Fast deceleration: let yourself fall, submerge, sense and arrive:

- An intensive back and neck massage with heat treatment (50 min)
- Underwater balancing in the salt-water sound bath (45 min)

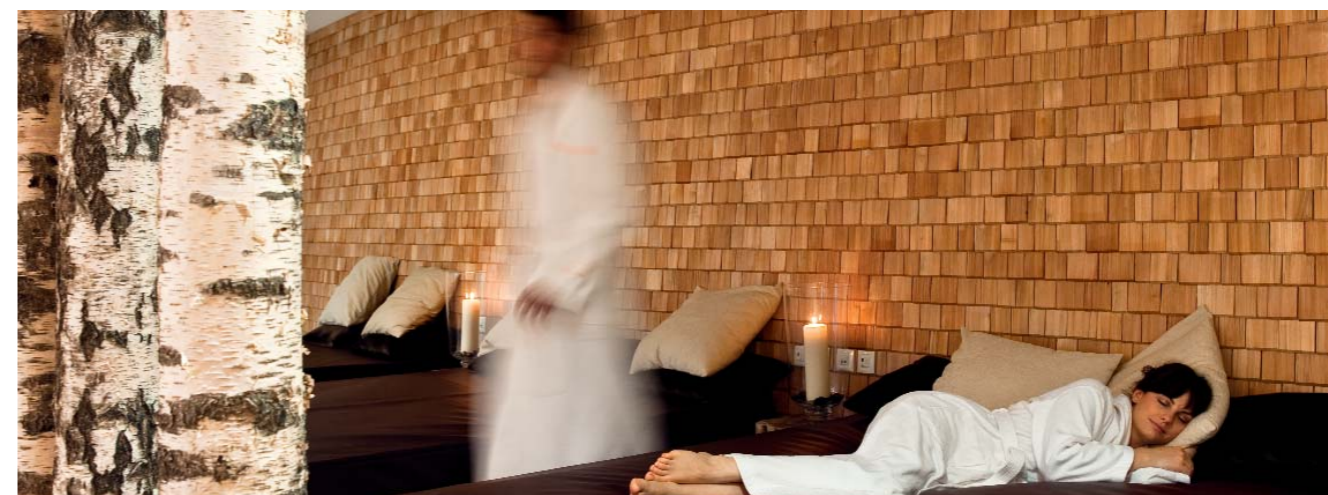
- A foot reflexology massage (25 min)
- PURIA ritual: warm neck pillow and espresso to round off

Simply natural € 208,00

The Alps have great plans for you! Common denominator and additional health benefit: most of the ingredients come from our region with its curative climate.

- One facial treatment with natural cosmetics (50 min)
- One massage with mountain herb soap (50 min)
- One mountain pine pack in the floating lounger (25 min)
- One salt-water sound bath for deep relaxation (25 min)
- Inhalation spa with Alpine salts for skin and respiratory tract (40 min)
- PURIA ritual: warm neck pillow and tea to round off

Ifen tip: For this package, we recommend a minimum stay of 2 nights.



Private Time: Flexibility XXL.

Your time is precious – make the most of it: book your Private Time in the PURIA Spa. You can then use it as you fancy. Naturally, after a full and comprehensive consultation. Whether your mind is on relaxation or invigoration, on firming, massaging or enhancing your beauty: Private Time is your time for your needs.

Our offers for you*

Private Time	50 min	per person	€ 68,00
Private Time	80 min	per person	€ 98,00
Private Time	110 min	per person	€ 125,00

*We recommend that you have your consultation at least one day prior to your desired reservation.



Aqua world: water and heat.

Water makes up about 80% of the human body, and in our brains, the combination of water and oxygen even accounts for 85%. Water is the centre of life and a most valuable nutrient. For us, it is simply the main source for an all-round feeling of well-being.

Water & View:

- 18 metre indoor pool with pleasantly warm 28°C Alpine spring water with an area of 180 sqm.
- The large panorama window front with mountain views – when opened, nature can enter almost to the edge of the pool.

Jacuzzi & View:

- Outdoor whirlpool for 12-15 people. Year-round pleasure at 35°C with a view of the Widderstein and Zwölfer peaks.



Sauna world: fire, water, air.

Prometheus was well aware of the benefit of fire for humans. For that reason, he stole it from the gods, thus incurring their wrath. Since time immemorial, fire has bestowed on humans a feeling of pleasant warmth. Add air and water, and you get a fantastically beautiful sauna world. À la Ifen:

- **Herbs & Mist:** 45°C steam bath with a high level of humidity, beautifully scented with Alpine herbs such as thyme, arnica, mint ...
- **Fire & Fresh air:** Outdoor sauna hut
- **Steam & Scent:** Aroma pot as a scented column which when lightly touched releases its delicately flavoured scent. Breathe in and tune in: to a spa experience which stimulates all your senses.
- **Light & Heat:** 65°C sanarium
- **Fire & Space:** spacious Finnish 90°C sauna, ideal for aromatic affusions. With XXL panorama window.
- **Rest & Warmth:** Heated natural stone as a warming bench.
- **Spring & Life:** Drinking fountain with pure spring water.
- **Glacier & Ice:** Glacial shower and ice well.
- **Water & Earth:** Bench with foot bath.



Rest areas: Silence.

Enter the realms of peace and quiet. Noise, hectic, sensory overload are barred from this area. Not even time is permitted to enter here. Just leave it behind and enjoy the moment. Be available for only one person: yourself.

Rest & Sound:

- Shingled room with cosy water beds

Oxygen, salt & minerals:

- Inhalation spa with heated loungers. Natural Alpine brine dripping on blackthorn twigs enriches the air with salt, magnesium and minerals. When inhaled, it has a beneficial effect on respiratory tract and skin.

Fire & Rest:

- Fireside lounge. Inviting ambience for reading, relaxing, talking and watching. Right next door to the PURIA bar.

Flight of fancy & Candle light:

- Relaxation room with state-of-the-art hanging wicker chairs. Take time in between to unwind and contemplate.

Stone & Wood:

- Room to retreat with comfortable chaise longues. Sink into the cushions, gaze into the garden, let time be time.

Echoes & Emotions:

- Double loungers for a cosy cuddle.

Mountains, Water & Grass:

- The loungers at the pool and in the garden offer splendid views of the surrounding nature, such as the imposing Walser mountains.

Nature & peace:

- Refuge in the sauna area. Natural materials with minimal processing such as tree trunks create a fluid transition to the landscape.



Personal consultation

Everything centres on you: Before you visit the PURIA Spa, take time for an individual consultation with one of our members of staff. This allows us to match applications, massages and cosmetic treatments to your specific needs and packages put together according to your preferences. Please request a com-

prehensive individual consultation when you make your PURIA Spa booking – our team members then have the opportunity of allowing sufficient time for this. You will reap the benefits from this additional time both during and after your treatments.

PURIA body care products

Treat yourself to the caring effect of our exclusive PURIA bodycare products, not only on holidays, but also at home. By the way: all ingredients of PURIA products come from controlled organic production.

PURIA Massage Oil: Heavenly scented and providing intensive skin care: enriched with precious oils from almonds, olives and groundnuts.

PURIA Exfoliation: Gently removes dead skin cells; cocoa butter and oil from grape seeds and olives leave your skin supple and smooth.

PURIA Shower Gel: Turns showering into a spa experience; enriched with lemon peel extract.

You can test and purchase all PURIA products from the PURIA reception.

PURIA Shampoo: Gentle cleansing and care for all hair types; with orange extracts for softness and shine.

PURIA Body Lotion: Supplies skin with long-lasting precious moisture; with olive oil.

PURIA Hand Cream: Balanced care for soft hands and well-groomed nails; with nurturing olive oil, vitamin E and moisturizing allantoin.

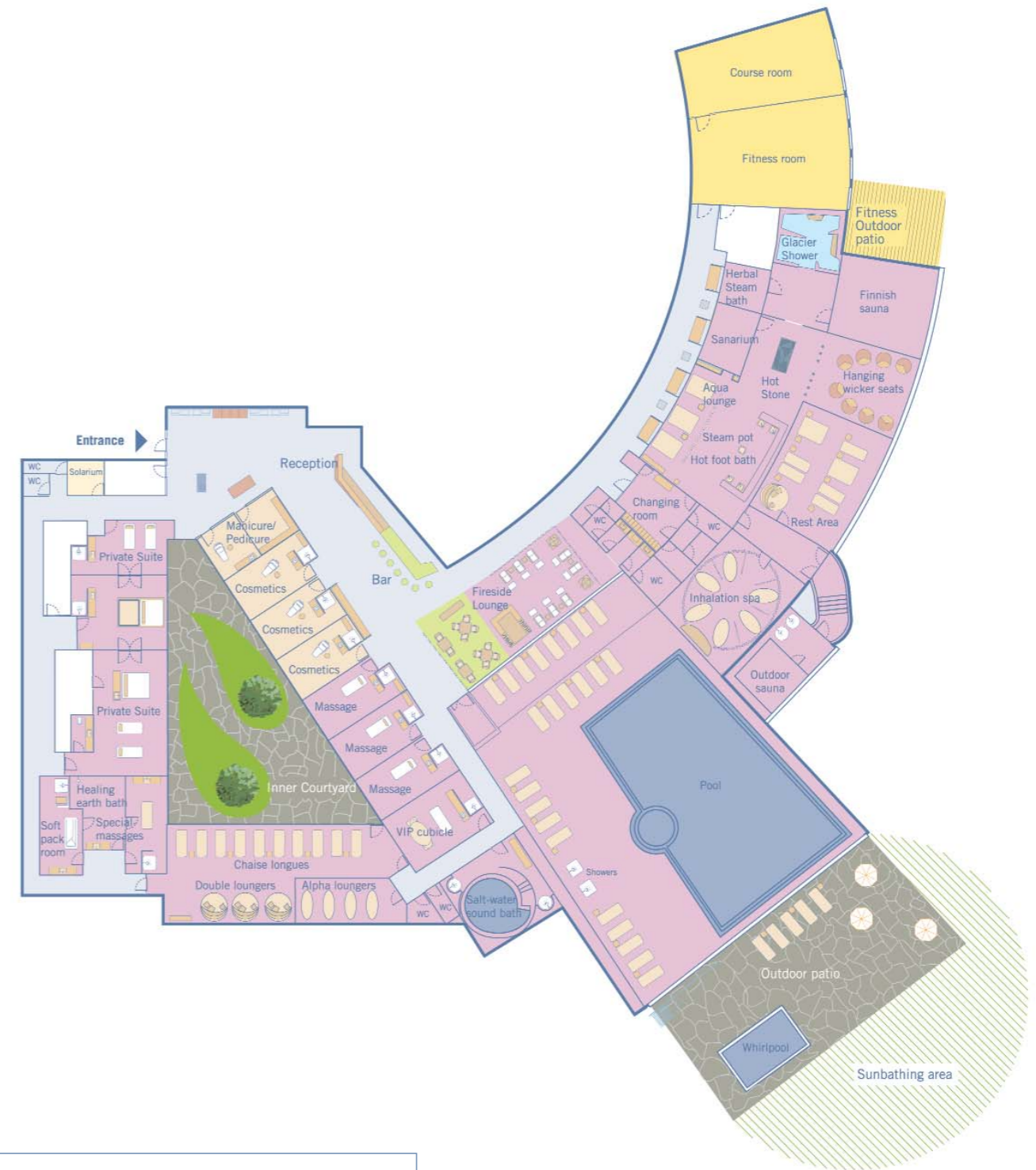


Vouchers

Present someone you love with the gift of a wonderful time: with a voucher for a feel-good treatment in the PURIA Spa. Whether for a specific package or an open voucher – such a pampering gift creates happiness. Longer lasting than a fleeting moment.



PURIA Premium Spa at a glance



At your disposal:

- 2.300 sqm spa area
- Pool and sauna area
- 15 treatment rooms
- 8 different relaxation areas
- Private and VIP suites
- Course and fitness room
- Solarium

- BEAUTY
- RELAXATION
- EXERCISE
- NUTRITION

Opening hours

PURIA reception	daily	10am to 7pm
Pool	daily	7am to 10pm
Fitness area	daily	7am to 10pm
Sauna area	daily	11am to 8pm

Reservation

We are looking forward to your booking:

Reception:	+43 (0) 55 17 / 608 - 0
PURIA reception	- 560
or by E-Mail:	ifen-puria@travelcharme.com

Your time in the PURIA Spa:

Complete relaxation takes time: you should aim to arrive at the PURIA Spa 10 minutes prior to your appointment. Take your time and get into the mood for your spa experience without a rush. Also, you should allow 10 to 20 minutes for the ritual after the end of your treatment.

All treatments start on time as arranged. The unfortunate consequence of arriving late is less time for your treatment. This can have a detrimental effect on your enjoyment as well as on the effectiveness of your treatment. Unfortunately we are not able to offer you a reduction in price on account of late arrival.

Cancellations:

You can cancel your appointment free of charge up to 24 hours before your treatment. For later cancellations, we reserve the right to charge a 100% cancellation fee. We ask for your understanding that your treatment time is reduced if you arrive late.

Clothing in the PURIA Spa:

We recommend our hotel guests to wear the bathrobe and slippers provided in your room. Naturally, both are also available from the PURIA Reception. During treatment, your body is wrapped in bath sheets with the exception of the area receiving treatment. It goes without saying that you are free to choose whatever clothes make you feel most comfortable. For the fitness

area, you will need suitable sports clothes (e.g. T-shirt or sports top with shorts or leggings) and trainers. Towels for training are also available in the fitness area.

Jewellery and valuables:

You are kindly requested not to wear any jewellery during your visit to the PURIA Spa. For your own security, you should keep all other valuables in your room safe. The hotel does not accept any liability for valuables lost in the spa area.

Health precautions:

Please inform our team members or reception staff prior to treatments or applications if you suffer from high blood pressure or heart problems or have any other physical complaints or impairments.

Age limits:

Under normal circumstances, the minimum age for treatments in the PURIA Spa is 16 years. We request that children under the age of 16 years are accompanied by an adult. Young persons between 14 and 18 years are welcome to use the fitness room accompanied by an adult. Of course, all of our guests of all ages are welcome in the pool area.

PURIA for male skin:

Many of our treatments are especially designed to meet the specific requirement of male skin. Shaving prior to facial treatment is not strictly necessary, but recommended. Please allow your skin to rest for at least two hours between shaving and treatment.

Mobile phones:

To ensure your own optimum relaxation in the PURIA Spa as well as that of your fellow guests, you are kindly requested to refrain from using mobile phones in the rest areas, in the pool area and in the fitness room.

Glass and china:

To avoid the risk of injury, please do not use any glasses, glass bottles and china dishes in the spa area.

Food and drink:

Snacks and drinks are available in the PURIA Bistro.

Do you have any further questions?

Our team members in the spa area are happy to assist.



Customer service & reservations

From Austria:

Phone: 08 20 / 40 11 10 (€ 0.12/min.)

From Germany:

Phone: 0 18 05 / 46 44 46

(€ 0.14/min. from German landline extension; max. € 0.42/min. from mobile phones)

From Italy:

Phone: 840 / 32 00 12 (€ 0.079 per call)

From Switzerland:

Phone: 08 44 / 01 20 12 (CHF 0.081/min.)

From other countries:

Phone: +49 (0) 30 / 42 43 96 - 50

Fax: +49 (0) 30 / 42 43 96 - 44

You can also book online at www.travelcharme.com

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Fax: +43 (0) 55 17 / 608 - 555

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