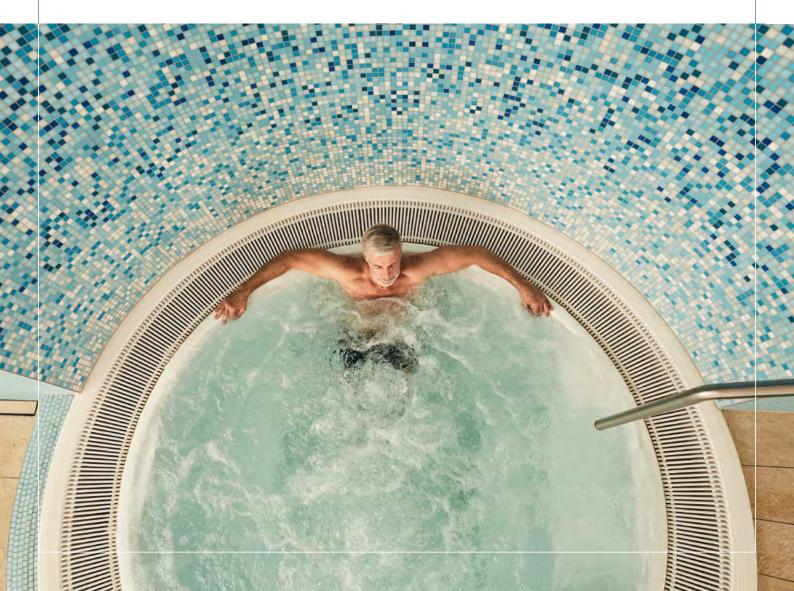
## PURIA-

# SPA-MENU 2022

Travel Charme Strandidyll Heringsdorf



## FACIAL TREATMENTS FOR HER & HIM

### Active Lifting – HSR Lifting Extra Firming Cream

Experience an in-depth anti-ageing treatment. Skin analysis, cleansing, peeling, deep cleansing, eyebrow correction, ampoule, face, neck and décolleté massage, eye care (pads), special mask and final care.

80 min | from 120,00 €

### Premium

Skin analysis, cleansing, peeling, deep cleansing, eyebrow correction, ampoule, face, neck and décolleté massage, eye care (pads), special mask, final care.

80 min I from 99,00 €

### Classic

Skin analysis, cleansing, peeling, deep cleansing or massage, ampoule, mask, final care.

50 min I from 73,00 €

### **Basic**

Skin analysis, cleansing, peeling, 3 ampoules, final care.

25 min I from 49,00 €





## **A MAN'S BUSINESS**

### Premium

Skin analysis, cleansing, peeling, deep cleansing, eyebrow correction, ampoule, face, neck and neck massage, eye care, special mask, final care.

80 minl from 99,00 €

### Classic

Skin analysis, cleansing, peeling, deep cleansing or massage, ampoule, final care.

50 min I from 73,00 €

## HAND, FEET & EYE CARE

### Pedicure

Foot and nail care: foot bath, callus removal, shortening and shaping of the toenails, cuticle and foot care.

50 min I from 62,00 €

### Manicure

Hand and nail care: hand bath, shortening and shaping of fingernails, nail skin and hand care, hand massage.

50 min I from 62,00 €

### **Nail Polishing**

Let your hands or feet become an eye-catcher. We will polish your nails in the colour of your choice and you get to take the polish home.

20 min I from 20,00 €

### Beautiful Eyes

Eyebrow correction, eyelash and eyebrow tinting.

30 min I from 42,00 €

## MASSAGES

### Full body massage

Relaxation from the shoulder to the tip of the toe. Loosens and activates the self-healing powers.

30 min I from 42,00 € 50 min I from 75,00 €

### Partial body massage

Relaxation through professional grips loosen and release. Choose between face and head, back or feet.

25 min I from 42,00 €

### **Feel The Waves**

Massage to relieve tension in the entire back, shoulder and neck area. 25 min I from 42,00 €

## MASSAGES – REGIONAL

### Facial Massage With Sea Buckthorn Oil

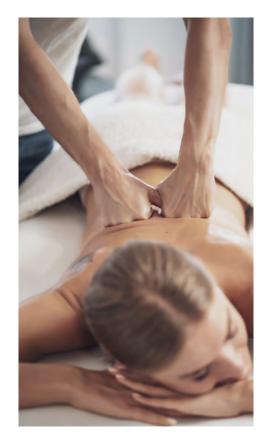
Enjoy a relaxing facial massage with sea buckthorn oil: This island-typical plant unfolds its concentrated power on the skin. It has a regenerating and anti-inflammatory effect and contains a lot of vitamin C.

25 min I from 40,00 €

### Warm Stone Massage

This back massage with warm lava stones promotes muscle relaxation.

40 min | from 59,00 € 80 min | from 105,00 €





### Sesame Oil Massage

This Ayurvedic full body massage with warm sesame oil strengthens the immune system and improves circulation. Pure relaxation can be felt through the gentle massage

80 min I from 105,00 €

### **Herbal Stamp Massage**

An East Asian treatment with warm cotton bags filled with lime pieces, coconut shavings and herbal oil. The massage has a relaxing yet invigorating effect.

80 min I from 105,00 €

### **Personal Stretch Massage**

An individually tailored massage with stretching techniques, mobilisation and relaxation of the fasciae.

50 min I from 77,00 €

### Foot Reflexology Massage

A "spot-on" massage to relax and strengthen the immune system. Energy blockages in the body are released and the entire energy flow is optimised.

50 min I from 75,00 €

## WRAPS & PEELINGS

### **Rügen's Healing Chalk**

Helps with muscle tension, joint complaints, skin diseases and promotes circulation.

30 min I from 50,00 €

### **Algea Intensive Pack**

Increases the elasticity of the skin and provides maritime moisture, nourishes, activates and cares for the skin.

30 min I from 50,00 €

### **Herbal/Berry Peeling**

The fruity-fresh power of cranberries and serviceberries, as well as the nourishing care of olive and advocado oil, allow the skin to breathe again and feel velvety soft.

25 min I from 40,00 €

## WRAPS & PEELINGS - REGIONAL

### Sea Salt Peeling

Get exfoliated with an aroma of your choice and pure sea salt. Enjoy the soothing effect of nature.

25 min I from 40,00 €





## TIME TO MYSELF

Three treatments, three fragrances, one feeling: an invigorating peeling + refreshing pack + relaxing full-body massage. Choose according to the mood of the moment:

### **Time To Energize**

Aromas of fruity mandarin and fresh lime.

110 min | from 139,00 €

Time To Wind Down Essences of lavender and mint. 110 min I from 139,00 €

Time For Harmony Woody warm fragrances. 110 min | from 139.00 €





## PACKAGES

### **Baltic Sea Hamam**

After warming up in the steam bath, your skin is gently exfoliated and cared for with a soapy foam wash. 80 min | from 99,00 €

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### **Rasul Steam Bath**

The self-applied healing mud with a gentle peeling effect dissolves pollutants and slag. Herbal vapours clear the airways and increase your well-being. Your skin noticeably breathes again.

30 min I from 52,00 € p.P.

### **Strandidyll Massage Mix**

Relaxation for the whole body: back massage & foot reflexology massage. 80 min | from 111,00 € FEEL GOOD MOMENTS FOR EVERY SEASON

### **Spring Awakening**

Experience a velvety soft skin feeling with our honey peeling, which protects, regenerates and stimulates your skin. Afterwards, we will pamper you with a soothing full body massage.

60 min I from 75,00 €

### **Summer Freshness**

Relax with a full body massage followed by a refreshing body peeling with sea buckthorn extract.

60 min I from 75,00 €

### **Powerful Through Autumn**

Enjoy an invigorating coffee peeling followed by a soothing full-body massage. The ingredients of coffee have a regenerating and revitalising effect on the skin and give it new elasticity.

60 min I from 75,00 €

### Winter Wellness Moments

Let yourself be enchanted by wintry scents and oils during a full body peeling and then enjoy a soothing full body massage. Choose your favourite fragrance: Lively fruity aromas of orange or a hint of woody warm cinnamon or a tart and spicy clove scent

60 min I from 75,00 €

## WELLNESS TIME TOGETHER

### Ladies' Wellness Day

Facial treatment with healing powers of nature such as chalk, honey & algae, manicure with nail painting.

80 min I from 105,00 €

### **Time For Two**

Choose between:

- · Facial treatment for her & him or
- Pedicure and a body treatment for 30 min. (Back massage, facial massage or foot massage)
  - 80 min I from 210,00 € for 2 persons

### **Romantic Togetherness**

Romantic togetherness in our private suite: a candlelit rose petal bath together & 1 glass of champagne in our imperial tub followed by a full body massage and resting time.

130 min | from 284,00 € for 2 persons

### Anti Stress Break For Her & Him

Leave stress, hectic and busy schedules behind you.

**For HER:** Find relaxation with a foot and back massage with fragrant oil and a moisturising mask for the face.

**For HIM:** Find relaxation with a back massage with fragrant oil and a head massage.

50 min I from 79,00 €

## FASCIA THERAPY

### **Fascia Therapy**

Fasciae are crucial for our overall mobility. Based on various function tests, the cause of the pain will be analysed with you, an individually tailored fascia therapy will be carried out and then you will receive handling recommendations and personal fascia exercises for use at home.

50 Min. I from 89,00 €









## SIGNATURE TREATMENT -

### **Baltic Sea Dreams**

Enjoy a day just for you and your well-being with a facial treatment, body peeling and a full body massage.

160 Min. | from 199,00 €

If you would like to arrive earlier or spend your day in our PURIA Spa after check-out, we offer you the possibility to use the spa facilities during our opening hours for a fee of  $\notin$  20.00 per person.

If you would like to change your appointment for organisational reasons, please let us know at least 24 hours in advance so that we can fulfill your wishes.

If you are unable to keep your appointment, please note our cancellation policy:

We accept cancellations up to 24 hours in advance. For cancellations at short notice (< 24 hours) we charge 100% of the treatment price.





## LET TIME PASS

Relax to your heart's content in soothing peace and idyll.

Recharge your batteries, take a deep breath and recharge your batteries: welcome to the PURIA Spa at Travel Charme Strandidyll Heringsdorf.

Swim indoors and outdoors under the starry sky, be pampered with beauty care and massages, really let off steam in the sauna - this strengthens body and soul in the long term. And the Baltic Sea contributes its elemental power to healthy relaxation - wonderful. At last you can feel it again, the feeling of well-being you have longed for for a long time.

Treat yourself to what you need: rest, care and relaxation. This is a stress-free zone, because you're on holiday.

### We wish you a pleasant and relaxing stay.

Simply book your getaway in advance and from the comfort of your own home! In our online spa you will find all bookable treatments and packages and can reserve them in advance for your desired date. This gives you even more time for rest and relaxation during your holiday.

You can find more information at:

https://shop-hsh.travelcharme.com

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