

PURIA

Spa price list 2021

Travel Charme Fürstenhaus am Achensee





Facial treatments for him and her

The pinnacle of luxury

We use the highest quality products for our 'royal' treatment. Whether you have mature, dry, oily or combination skin, this exclusive treatment is sure to meet all your needs and preferences. It covers the whole spectrum of beauty treatments, from anti-ageing to eyebrow threading and eyelash tinting, all with the goal of making you look and feel great.

105 min. | from EUR 159.00

The classic

This treatment is the bedrock of a nourished appearance: discover the perfect skincare routine for your normal skin or treat yourself to a 'pure' deep cleanse for problem skin.

The products used during this treatment are tailored to your skin type, making them perfect for you to use every day at home.

50 min. | from EUR 79.00

The truly intensive option

This in-depth treatment, using products tailored to your personal needs, gives your skin everything it needs to look fresh. The high-quality skincare routine and preventative products, along with a scrub, thorough deep cleanse, intensive massage and anti-oxidant mask, will repair, soothe and regenerate your skin. This treatment is suitable for blemish-prone and problem skin and for combination or oily skin. We are also happy to shape your eyebrows on request.

80 min. | from EUR 119.00

Little beauty boost

Combine your eyebrow shaping with eyebrow and eyelash tinting.

35 min. | from EUR 39.00



HAND AND FOOT TREATMENTS

Pedicure

50 min. | from EUR 64.00
with polish 60 min. | from EUR 79.00

Manicure

40 min. | from EUR 49.00
with polish 50 min. | from EUR 64.00

SCRUBS & WRAPS

Coffee scrub

This scrub stimulates circulation with the skin-rejuvenating effect of caffeine, while the moisturising goat's milk leaves skin firm and glowing. It is left on the skin for a short time to complete the treatment.

35 min. | from EUR 55.00

Grapeseed oil & salt scrub

Salt and cold-pressed grapeseed oil make for a purifying, nourishing scrub, which provides the skin with precious minerals while detoxing it and balancing its pH level.

25 min. | from EUR 45.00

DEEP IMPACT MESSAGES

Classic massage

Skilful massage movements relieve muscular tension, leaving the whole body feeling relaxed and at ease.

20 min. | from EUR 39.00
50 min. | from EUR 75.00
80 min. | from EUR 119.00

Dorn Breuss spinal regeneration

The gentle adjustment of spinal misalignment is combined with movement exercises and a customised back massage to release deeper blockages.

80 min. | from EUR 119.00

Intensive back treatment

A classic back massage combined with a 'cupping massage'. This highly intensive treatment increases blood flow to the tissue, which can relieve muscle tension and release any blockages in the back and spine.

50 min. | from EUR 75.00

Lymphatic drainage

Light pressure is applied in circular movements to push any fluid out of the tissue and into the lymphatic system.

50 min. | from EUR 75.00
80 min. | from EUR 119.00





Massages from around the world

Lomi Lomi Nui from Hawaii

This traditional Hawaiian massage is part of the ancient healing art of the Kahunas, or spiritual healers. The oil massage treats the entire body and is not only relaxing, but also physically, mentally and spiritually cleansing. After all, energy and vitality can only flow through a relaxed body.

80 min. | from EUR 119.00

105 min. | from EUR 149.00

Tyrolean shale oil massage from Austria

Classic full body massage using our much-loved Tyrolean shale oil.

This 'healing gift from the ancient seas' boosts circulation and has a therapeutic, nourishing effect thanks to its naturally high concentration of sulphur compounds.

50 min. | from EUR 75.00

80 min. | from EUR 119.00

Ear candling treatment from the USA

This is a natural healing method which originates from the centuries-old culture of the Native American 'Hopi' tribe and other indigenous peoples. The pleasant sensation of warmth and relief afforded by pressure equalisation in the ear and head is brought about by the slight vacuum created during the treatment.

This treatment is followed by a head and neck massage to provide total, profound relaxation.

50 min. | from EUR 75.00

Reflexology from Egypt

The targeted stimulation of pressure points on the foot releases blockages, harmonises the flow of energy across the entire body and has a positive impact on all your organs, as well as your lymphatic and nervous system.

50 min. | from EUR 75.00



Ayurvedic massage from India

Ayurveda is an ancient Indian term meaning 'the knowledge of long life'. The soothing massage movements and warm oil create a sense of deep relaxation. Choose between:

- Mukabhyanga – a head and face massage
- Upanahasveda – a back massage
- Koshta – a stomach massage

20 min. | from EUR 39.00

'3 in 1' Ayurvedic massage from India

This massage uniquely combines our three individual treatments for head/face, stomach and back to effectively bring together the body, spirit and soul. This treatment is rounded off by 'activating' the feet.

105 min. | from EUR 149.00

Honey massage from Tibet

This plucking massage originates from Tibet and Russia, where it is still used as a detoxification treatment today. The ingredients in the honey are absorbed by the skin, where they have an anti-bacterial effect. The intensive 'plucking' movements improve circulation and stimulate the metabolism.

35 min. | from EUR 55.00

50 min. | from EUR 75.00

Holistic pulsing from Australia

'Pulsing' is an energy-based technique for restoring harmony between the body, mind and spirit. Gentle movements are used to rock the body (at a frequency equivalent to the heartbeat of an unborn child). The aim of this treatment is to allow every cell in the body to remember its original state of complete health, well-being and harmony.

PURIA tip: the perfect treatment for mothers-to-be.

50 min. | from EUR 75.00





Sources of energy

The path to self-healing

To restore the balance of the trinity – body, mind and spirit – the functionality of your energy body must first be tested. Working with your energies and chakras (using hands, gemstones, singing bowls and tuning forks), we stimulate your body's self-healing properties, creating genuine harmony and wellness on both a physical level and in terms of energy.

80 min. | from EUR 119.00

Four-element balance

Recharge with the power and energy of the four elements of nature – fire, water, air and earth. Our custom massage techniques, as well as a herbal oil developed exclusively for this treatment, work to bring these elements into balance, to provide serenity and inner balance while boosting the production of endorphins.

80 min. | from EUR 109.00

The sound of happiness

Take a relaxing break on our sound swing with 39 guitar strings. When the strings are played, the vibrations transfer to your body.

You experience these sound vibrations with all your senses, resulting in a soothing sense of deep, healing relaxation. Tibetan sound bowls and tuning forks tuned to planetary vibrations can help you to focus on simply 'being'.

50 min. | from EUR 75.00

Sonopuncture – tuning fork treatment

Known as phonophoresis, this treatment involves tuning forks oscillating at healing frequencies. When these tuning forks are focused on acupuncture and meridian points, chakras and even scars, the body noticeably absorbs the vibrations. These vibrations restore the 'harmonious' original pattern in the areas of our body that are no longer in harmony, creating a pleasant sense of well-being.

50 min. | from EUR 75.00





SIGNATURE TREATMENT

PURIA Exclusive

Close your eyes, engage your senses and enjoy!

Treat yourself to a special break that's all about your well-being. Holistic and gentle from head to toe. Treat yourself to this exclusive programme, including a footcare ritual (scrub, soak, wrap), a head and face massage & a full body wellness massage.

80 min. | from EUR 109.00



If you would like to arrive earlier or spend your day in our PURIA Spa after check-out, you can use the wellness facilities during our opening hours for a fee of EUR 20.00 per person, on request.

If you would like to move your appointment to a more convenient time, please give us at least 24 hours' notice so that we can change it for you.

If you cannot make your appointment, please note our cancellation policy:

- We are happy to accept cancellations with at least 24 hours' notice
- If a cancellation is made at short notice (less than 24 hours), you will be charged the full treatment price





The power of the Alps

Blissful rituals and wellness for the soul.

Become one with nature and enjoy 3,000 m² of space dedicated to relaxation and tranquillity at PURIA Spa, right on the shores of the crystal-clear Lake Achen, nestling harmoniously in the Alpine landscape.

The elemental forces of the mountains, such as spring water, mountain air and Alpine herbs, are combined with premium treatments to provide ultimate relaxation all year round: from Lomi Lomi and Arabian Rasul through to a grapeseed and salt scrub and massages using Tyrolean shale oil. The selection also includes beauty treatments for men, luxurious wraps for women, plus wellness for couples in our Private Spa Suites and activities for everyone to enjoy.



We wish you a relaxing and refreshing stay.



It's so easy to book your getaway from the comfort of your home! In our online spa, you can find all available treatments and packages and reserve them for your preferred date in advance – giving you even more time to rest and relax during your holiday!

You can find all the information you need at:

<https://shop-fha.travelcharme.com>

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